# Arcuri Group LLC

# Situation Awareness Specialist®

# Training Program Syllabus

The Situation Awareness Specialist® (SAS) professional certificate program is designed to educate an individual in the discipline of situational awareness, thereby creating a security awareness practitioner capable of understanding and dealing with the dynamics of random and potentially threatening events.

Our program is a well-rounded introduction to the craft of situational awareness. The course looks at situational awareness from both an internal and external perspective. The goals of the program are many and speak to many competencies including but not limited to: decision making and judgement, social competence, adaptability, emotional regulation, and stress tolerance, as well as conscientiousness.

We define judgement as the ability to make careful decisions and the capacity to come to practical conclusions. Decision making involves drawing on all the information sources available and choosing a sensible course of action – decisions can be made through an intuitive or reasoned process (or a combination of the two). The SAS course provides an actionable framework and set of tools that provide the student with critical information to assess a variety of fluid situations and make appropriate and sensible decisions based on sound judgment.

With regard to social competence, our SAS course teaches the student the importance of possessing the ability to take another's perspective concerning a given situation, learn from past experiences, and apply that learning to changes in social interactions (cultural competence).

The most basic definition of situational awareness is “being mindful” of your environment. Situational awareness is all about adaptability and the capacity to make appropriate responses to changed or changing situations as well as the ability to modify and/or adjust behavior in different circumstances or when engaging different people.

Emotional regulation and stress tolerance are especially important to ensure enhanced long-term wellbeing, improved performance at work, strong personal relationships, and to ensure good judgement and healthy decision making. This situational awareness course courses stresses the importance of mindset - a set of beliefs or a way of thinking that determines one’s behavior, outlook, and mental attitude. This mindset allows the student to effectively focus on and react to potentially life-threatening events. Students are better able to make peace with their decisions and the possible consequences of their actions. In essence, mindset determines how we see the world, what we are willing to do, and how we will live with our actions. This mindset is very conducive to improving emotional regulation and stress tolerance.

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A fundamental tenant of situational awareness is conscientiousness – we define it as the ability to be careful, diligent and to take our obligations to others seriously. This course teaches students to approach all societal interactions in an efficient and organized fashion. This course is intended to give the student confidence in their ability to reach their goals and be successful.

## Situation Awareness Specialist® Program Outline

**MODULE 1: INTRO TO SITUATIONAL AWARENESS CRAFT (1 Hour)**

a. Definition - Situational Awareness
b. Mindset Change
c. Vulnerable vs Capable
d. Psychology of Being Aware
e. Observation (Awareness)
f. Behavioral Analysis
g. Improving Observation (Awareness) Skills
h. Practical Travel Planning

**MODULE 2: UNDERSTANDING THREATS (1 Hour)**

a. Definition
b. Common Threats
c. Emergency Action Planning
d. The Human Threat: Human Violence
e. Understanding the Criminal Threat
f. Street Crime
g. Criminal Characteristics
h. Criminal Behavior
i. Pre-Incident Indicators (PII)

**MODULE 3: CRIMINAL CHARACTERISTICS (1 Hour)**

a. Victim Selection and Characteristics
b. The Grayson/Stein Study
c. Avoiding Victim Selection
d. Physiological and Psychological Responses to Sudden Perceived Threat
e. Maintaining Control
f. Strategic Thinking
g. Tactical Contingency Planning

**MODULE 4: BECOMING A PRACTITIONER (.5 Hour)**

a. Gray Man Theory
b. Tactical Concepts
c. Tactical Considerations in the Environment
d. Tactical Reaction
e. Applying the Strategies

**MODULE 5: REACTING TO AN ACTIVE ATTACKER THREAT (.5 Hour)**

a. Understanding Active Attacker Threat Characteristics
b. Active Attacker Specifics
c. Reaction Summary

**END OF COURSE ASSESSMENT (1 Hour)**

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**Course Requirements (Live Classroom Version)**

Classroom, or similar facility, with capacity to seat up to 30 students including tables and chairs.
Internet connection with computer.
Video screen with speakers.
Break area and toilet/washroom facilities.

**Course Requirements (Live Online Version)**

Internet connection with computer and sound capability.
See **Online Distance Learning Format Supplemental Information** at the end of this document.

**Course Structure**

This course consists of five (**5**) hours in total to include: lecture, interactive discussion, and a written test.

**Student Learning Outcomes**

**Program Objectives / Learning Outcomes**

- Provide students an initiation into the craft known as situational awareness, covering topics necessary to prepare for and carry out the discipline independently.

- Terminal Objectives

    - Gain knowledge and describe the definitions and basic concepts of situational awareness, including mindset, human aggression, observation, alertness, practical planning, and be able to implement a personal operations plan.

    - Gain knowledge and describe the definitions and basic concepts of situation dynamics, including travel, active anomalies, and maintaining control and be able to operate in the field with added alertness.

    - Gain knowledge and describe the definitions and basic concepts of becoming a situational awareness practitioner, including vulnerability and formidability, gray-man theory, day-to-day preparation, the human senses, behavioral anomalies, and using angles enabling student to conduct day to day business and operations with elevated alertness.

    - Gain knowledge and describe the definitions and basic concepts of terrorism, including motivation, targets, methodology, and mitigation.

- Practical Objectives

    - Enable a mindset change.

    - Become a practitioner of the craft able to perform with elevated situational awareness.

    - Become an asset to self and those around us by being able to implement service with emotional regulation and stress tolerance.

**Method of Delivery:**

The professional delivery of this curriculum will include the following delivery methods:

- Students will receive live instruction provided by an Arcuri Group LLC expert instructor, and accompanied by Power Point Presentation, visual aids, practical demonstrations, and interactive group discussion.

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- Students will participate in discussions that underscore the program objectives and demonstrate situational awareness component foundations.

- Students will complete a final exam from a bank of questions derived from the curriculum material.

**Program Schedule:**

Four (4) hours classroom instruction in lecture form blended with individual and group participation activities and discussion. Integrated breaks and a one (1) hour final exam are included.

**Course Assessment**

| Percentage | Description |
|---|---|
| 15 | Participation |
| 85 | Multiple Choice Final Exam (75% or Higher Score Requirement) |
| 100 | Total Points Possible |

**Course Policies:**

**Attend Class**

All Students are expected to attend all blocks of instruction.

**Participate and Communicate**

This course requires active participation by all members through interactive discussion, classroom activities and through course examination and feedback.

**Incomplete Policy**

Students must complete the entire training course and successfully complete the final exam. if the student cannot, certification will not occur.

**Commit to Professionalism**

As a student in this course, you are expected to maintain high degrees of professionalism, ethics, and commitment to active learning and participation.

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Online Distance Learning Format Supplemental Information

a. The Situation Awareness Specialist® (SAS) course through online delivery is conducted through a Zoom Meeting session.
b. Students sign into the session via their registered email address and are admitted through a verified waiting room procedure.
c. Students sign out upon class completion and under the attendance tracking of instructor staff. Students that sign out early will not be give credit for the course.
d. The SAS Online Session requires the use of a camera and microphone both for student verification, but also for the interactive nature of the course.
e. Students are regularly engaged throughout the session by instructor staff and fellow students.
f. Students are asked questions and are given an opportunity to challenge the material after each course module with the instructor staff prior to advancing to the next module. The instructor routinely quizzes students throughout the course to ensure content comprehension prior to advancement. Students must attest to course comprehension before entering the End of Course Assessment/Examination so that a content review can be implemented if needed.
g. Students do NOT have access to screen advancement. This session is a live instructor-led training course. The instructor is the only person authorized to advance screen view.
h. Students are provided an attestation form for attendance verification.
i. The live SAS course is a synchronous learning experience. The course is delivered in real time, with a set class schedule, required login/out times and attendance verification all monitored by instructor staff.

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